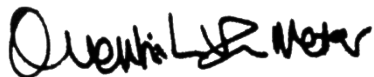


### **Office Policy 2024 Regarding Patients seeking information and guidance on abortion**

1. We value all human lives equally. We oppose prematurely ending the life of any child at any stage of development from conception to natural death.
2. We will not refer pregnant patients for abortion to any abortion facility. We will, instead, caringly give such patients information about prenatal care, including, if needed, information about a pregnancy care center.
3. We will not prescribe mifepristone as an abortifacient and will reserve its use to treatment of adrenal disease.

### **Office Policy 2024 Regarding Patients under the age of 18 years who identify as the opposite sex**

1. We treat all patients and visitors with respect. No matter how a patient identifies, we are the patient's advocate and friend.
2. We will welcome, compassionately, all patients who are experiencing gender dysphoria.
3. We will follow the best evidence-based standards of care including appropriate physical examinations.
4. We will use our discretion in ordering any bloodwork and x-rays.
5. We will request that the patient's family give their consent to share the records of other care providers who have treated the patient.
6. We will take extensive medical and mental health histories with specific attention to documentation of all adverse childhood experiences (ACE's). We will refer patients to vetted mental health care professionals if they have had no prior mental health assessment, or if we feel the current mental health professionals are pushing for social, medical, or surgical interventions for the purpose of changing the patient's persona.
7. No long-term study demonstrates the safety or efficacy of puberty blockers, cross-sex hormones and surgeries for youth who identify as the opposite sex or as non-binary. These "gender-transition" procedures are experimental, and therefore, neither parents nor minors can provide informed consent. Moreover, the best long-term evidence we have among adults shows that medical intervention fails to reduce suicide.
8. Our focus will be on the well-being of the patient using the Hippocratic principle of Do No Harm. Therefore, we will not prescribe GnRH agonists to interrupt normally timed puberty, and we will not use wrong-sex hormones or refer to surgeons who intend to remove healthy body parts.
9. We will use correct biological and binary terminology to refer to patients in conversation and in medical records, and we will not use biologically incorrect pronouns. We welcome all patients and visitors to our facility based on the patient's sex as a biological male or female.



Quentin L. Van Meter, M.D.